

## **Train the Trainer**

## **Overview**

This interactive 1 day programme focuses on the fundamentals in designing and delivering training packages to promote in – house training. It gives trainers the skills to bring to life their sessions and ensures there is measurable output from their programme. Delegates will have the opportunity during the session to apply the skills learned.

Teaching methods of the programme will be through practical demonstrations, hands on activities, case studies and observational exercises. Delegates will be able to identify, describe and demonstrate the skills necessary to deliver effective training.

## **Course Content**

- Training planning to meet objectives.
- The training cycle model.
- Identify barriers to learning and teaching.
- Designing measurable & achievable outcomes.
- Identify legal responsibilities as a trainer including the Equality Act 2010.
- Recognise the techniques to support and manage trainees that may appear to be disengaged.
- Distinguish between different learning styles, methods of delivery and the training materials available to conduct motivational training.
- Practice group engagement and manage group dynamics using flexible and diverse training methods.
- Give individuals constructive developmental feedback.
- Evaluation of training.