

Train the Trainer

Overview

This interactive 1 day programme will focus on the fundamentals in designing and delivering training packages promoting in – house training. I will help trainers bring to life their sessions and ensure there are measurable output from their programmes. Delegates will have the opportunity during the session to apply the skills learnt.

Teaching methods of the programme will be through practical demonstrations, hands on activities, case studies and observational exercises. Delegates will be able to identify, describe and demonstrate the skills necessary to deliver effective training.

Course Content

- Plan training to meet required objectives
- Identify legal responsibilities as a trainer
- Identify barriers to learning and teaching
- Preparation for training
- Recognise the techniques to deal with challenging trainees and resistance to training.
- Distinguish between different learning styles, methods of delivery and the training materials available to conduct motivational training.
- The delivery
- Dealing with challenging trainees
- Give individuals constructive feedback
- Evaluation of training