

# Counterbalance Lift Truck Refresher ITSSAR

## **Overview**

This 1 day fully accredited ITSSAR approved Counterbalance Lift Truck Refresher training course course is suitable for delegates with a current license.

This ITSSAR approved course provides refresher training for individuals who have already completed the Forklift Counterbalance Truck training and are appropriately certificated to operate industrial counterbalanced forklift trucks.

Regular refresher training will ensure operators:

- maintain good driving habits
- learn new skills where appropriate
- reassess their abilities
- Refresher training or retesting might also be appropriate where operators
- have not used trucks for some time
- are occasional users
- appear to have developed unsafe working practices
- have had an accident or near miss
- have changed their working practices or environment.

It is recommended by the HSE that refresher training take place after a set period of time (eg 3 - 5 years) to make sure employees stay competent (HSE Lift-truck training – Advice for employers).

#### **Course Requirement**

Delegates must hold a current Counterbalance Certificate.

Please supply a copy of this in advance of attendance.

- Driving a fork lift truck in an efficient and safe manner
- Training in loading and unloading the fork lift truck
- Training in stacking and de-stacking the fork lift truck
- Know and apply the Operator's Safety Code
- Understand legal responsibilities



### **Equipment & PPE Requirements**

- High visibility jacket or vest
- Protective boots\* with good grip and protective guarding on the front vamp and instep (complying with EN 345-2)
- We also recommend you dress appropriately for weather conditions.
- Please bring photographic ID to the course.

**Refreshments** 

Tea, coffee and soft drinks are provided.

Please bring your own lunch. On Site Delivery Requirements

Please note that all training sited and equipment must be compliant with Health and Safety standards.

### **Reasonable Adjustment**

Please notify us of any delegate disability or additional needs which may require reasonable adjustments.

#### Site Parking

Fargro Ltd, Arundel Road, Angmering, Arundel, BN18 UK



# Directions from East (M23 / A24 / A27,Brighton)

• Travelling west along the A27 from Worthing, the A27 becomes dual carriageway again.



- After 2 miles you will pass a speed camera as the road continues down the hill.
- Continue along the A27 for another 2 miles until you see a layby.
- Turn left off the A27 immediately after the layby and enter the Vinery Site (gates on the right).
- Follow the road around to the left and continue straight down onto the Vinery Fields drive.
- For Deliveries: Take the second exit off the roundabout, and continue around the back of the building to 'Goods In'.
- Car Parking: Take the third exit off the roundabout into the carpark.
- Trade Sales: Take the fourth exit off the roundabout and park on the left.

Directions from East (M23/A24/A27 Brighton)

- Travelling east along the A27 from Arundel, the A27 becomes dual carriageway again.
- After 3.5 miles, take the slip road on the left, signposted A24/A2700/Horsham/London
- At the roundabout take the fourth exit onto the A280.
- At next the roundabout take the third exit back onto the A27 to Chichester/Portsmouth/Arundel.
- Just after you merge onto the A27 you will pass a speed camera as the road continues down the hill.
- Continue along the A27 for another 2 miles until you see a layby.
- Turn left off the A27 immediately after the layby and enter the Vinery Site (gates on the right).
- Follow the road around to the left and continue straight down onto the Vinery Fields drive.
- For Deliveries: Take the second exit off the roundabout, and continue around the back of the building to 'Goods In'.
- Car Parking: Take the third exit off the roundabout into the carpark.
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## **Terms & Conditions**

**PAYMENT** - Payment can be made by cheque or BACS. Our payment terms are 30 days from date of invoice for existing clients or prior to the event for new clients. In the event of late payment, we reserve our statutory right to interest at the rate of 8% above base under the Late Payment of Commercial Debts (Interest) Act 1998.

**CANCELLATIONS** - The following charges apply if you cancel:0-7 days = 100% of the course fee, 8-14 days before a course = 50% of the Course fee 15-21 days before a course = 25% of the course fee