

Emergency First Aid at Work

Outline

- Highfield accredited.
- Meets requirements for training emergency first-aiders in organisations that have identified that staff need to be trained to this level within first-aid needs assessment.
- Compliant with HSE, the qualification supports work place first aiders for a period of 3 years.
- Please bring photographic ID to the course.
- [Booking Form](#)

Topics Covered

- roles & responsibilities of the first aider
- how to assess an incident
- recognising signs & symptoms on injury and illness
- cardiopulmonary resuscitation (CPR)
- automated external defibrillation (AED) providing first aid to a casualty
- choking dealing with external bleeding
- hypoglycemic shock

Prerequisite

- Suitable clothing foot wear for practical elements.

Refreshments

- Refreshment supplied, please provide you own lunch

Knowledge

- Please notify us of any delegate disability or additional needs which may require reasonable adjustments.