

# First Aid at Work Re-Qualifier

## Outline

- Highfield accredited.
- 2 day re-qualification course for allocated workplace First Aider.
- Qualification is assessed by written questioning & practical demonstration.
- Certificate is valid for a further three years.
- Please bring photographic ID to the course.
- Please notify us of any delegate disability or additional needs which may require reasonable adjustments.
- **The HSE regulations state that all delegates undertaking this course must be in possession of their First Aid at Work qualification. It must not have expired beyond 28 days of the expiry date as shown on their First Aid at Work Certificate.**
- [Booking Form](#)

## Topics Covered

- Role & responsibilities of the first aider
- Assessing an incident
- Managing an unresponsive casualty
- The respiratory system
- Wounds & bleeding
- Shock
- Seizures
- Dealing with minor injuries
- The human skeleton
- Fractures & dislocations
- Sprains & strains
- Chest injuries
- Dealing with minor illness
- Other injuries

## Prerequisite

- Please wear suitable clothing and foot wear for the practical elements.

## Refreshments

- Refreshment provided, please bring your own lunch.