

## **Growtrain Policy on Adult Safeguarding**

Growtrain's policy objective is to prevent and reduce the risk of significant harm to adults from abuse or other types of exploitation, whilst supporting individuals in maintaining control over their lives and in making informed choices without coercion.

### **Principles**

Prevention of harm is always better than investigating harm that individuals have experienced, after the event. Empowerment and proportionality are critical in ensuring that individuals have the best experience possible when they are involved in safeguarding enquiries.

### **Safeguarding Adults Principles**

**Empowerment** -Presumption of person led decisions and informed consent

**Prevention** -It is better to take action before harm occurs

**Proportionality** – Proportionate and least intrusive response appropriate to the risk presented

**Protection** -Support and representation for those in greatest need

**Partnership** -Local solutions through services working within communities. Communities have a part to play in preventing, detecting and reporting neglect and abuse

**Accountability** -Accountability and transparency in delivering safeguarding

To be reviewed 10 01 27

Reviewed 10 January 2026